

# Groton Center Speaker Series

SPONSORED BY: RIVERCOURT RESIDENCES • GROTON COUNCIL ON AGING  
ALL EVENTS HELD AT THE GROTON CENTER, 163 WEST MAIN STREET • GROTON, MA 01450

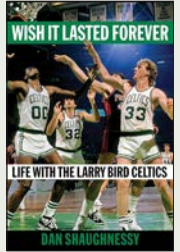


**DAN SHAUGHNESSY, BEST-SELLING AUTHOR  
& BOSTON GLOBE SPORTS COLUMNIST**

*Wish It Lasted Forever: Life with the Larry Bird Celtics*

FRIDAY, OCTOBER 18, 2024 | 3:00 - 4:00 P.M.

Dan Shaughnessy is a sports columnist and associate editor at the Boston Globe. He grew up on Hollis Street in Groton, Massachusetts. Shaughnessy has been named Massachusetts Sportswriter of the Year 14 times and has been voted one of America's top 10 sports columnists by the Associated Press Sports Editors 13 times. He most recently wrote "Wish It Lasted Forever – Life With The Larry Bird Celtics," a book about his days covering the 1980s Bird Celtics. He makes regular appearances on MLB Network, WHDH SportsXtra, and NBC Sports Boston.

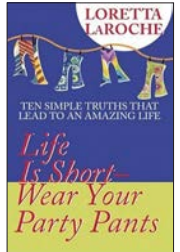


**LORETTA LAROCHE,  
HUMORIST, MOTIVATIONAL SPEAKER, & AUTHOR**

*Life is short, Wear your party pants!*

FRIDAY, MARCH 28, 2025 | 3:00 - 4:00 P.M.

Loretta LaRoche is an international stress management expert who helped pioneer the use of humor as a coping mechanism. She has authored eight best-selling books and has been the star of seven PBS shows aired in over 80 stations nationwide. She was an adjunct faculty member at the Mind/Body Medical Institute and affiliate of Harvard Medical School for 15 years. She has shared the stage with former President Bill Clinton, Anthony Robbins, Dr. Phil, Suzie Orman, Arianna Huffington, Quincy Jones, Ellen Degeneres and a host of other dignitaries and celebrities.

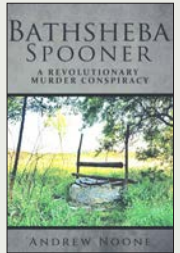


**ANDREW NOONE, AUTHOR, INDEPENDENT SCHOLAR**

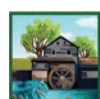
*The Bathsheba Spooner*

FRIDAY, APRIL 11, 2025 | 3:00 - 4:00 P.M.

Andrew Noone is an independent scholar, beginning this book's journey after a dinner guest reminded him that Bathsheba Spooner and her unborn son were buried in the park opposite his family's new home. Prior to his current teaching position as music specialist with the Worcester Public Schools, he taught dozens of college courses, many in art history and music throughout eastern and central Massachusetts, but primarily ESL at Clark University.



**RSVP at least one week before the event by calling 978.448.1170**



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**HANK PHILLIPI RYAN,**  
INVESTIGATIVE REPORTER, AUTHOR  
*One Wrong Word*  
FRIDAY, MAY 9, 2025 | 3:00 - 4:00 P.M.



Hank Phillipi Ryan is the USA Today bestselling author of 15 psychological thrillers, winning the most prestigious awards in the genre: five Agathas, five Anthonys, and the coveted Mary Higgins Clark Award. She is also an on-air investigative reporter for Boston's WHDH-TV, with 37 EMMYS and dozens more journalism honors. She's the only author to win the Agatha in four categories: Best First, Best Novel, Best Short Story and Best Non-Fiction. Her newest is the page-turning standalone thriller "ONE WRONG WORD" – a twisty non-stop story of gaslighting, manipulation, and murder. Hank is the co-host and founder of THE BACK ROOM, host of CRIME TIME on A Mighty Blaze, and co-host of FIRST CHAPTER FUN.



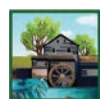
**CHRIS SULLIVAN,**  
NFL PLAYER, MOTIVATIONAL SPEAKER  
*Not in the Playbook*  
FRIDAY, JUNE 27, 2025 | 3:00 - 4:00 P.M.



Chris looked like he had it all. He had a stellar high school athletic career and eventually was drafted by the New England Patriots. He had a six year career in the NFL. What should have been a life on top of the world turned into a battle with his inner demons of anxiety and substance use disorder. Today, Chris shares his unforgettable story about the dangers of substance use and mental health awareness across the entire country. Audiences will walk away with new tools in their toolbelt to help them cope and make good choices about drugs, alcohol, anxiety, and depression. Through his presentation, "Not in the Playbook," his audiences learn that reaching out and asking for help is a sign of strength, not weakness! Communication is a key component to wellness. Don't judge a book by the cover.

Please join us for refreshments  
immediately following presentation.

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